

Kickoff & Scoring Kicks Mechanics

Regular Kickoffs

U

SJ

COACHES AREA

HI

BJ

F

COACHES AREA

LJ

R

Slide 1 Initial Positions



Regular Kickoffs

U

SJ

COACHES AREA

HL

BJ

FJ

COACHES AREA

LJ

R

Slide 2 Initial Movements



Regular Kickoffs

U

SJ

COACHES AREA

HL

BJ

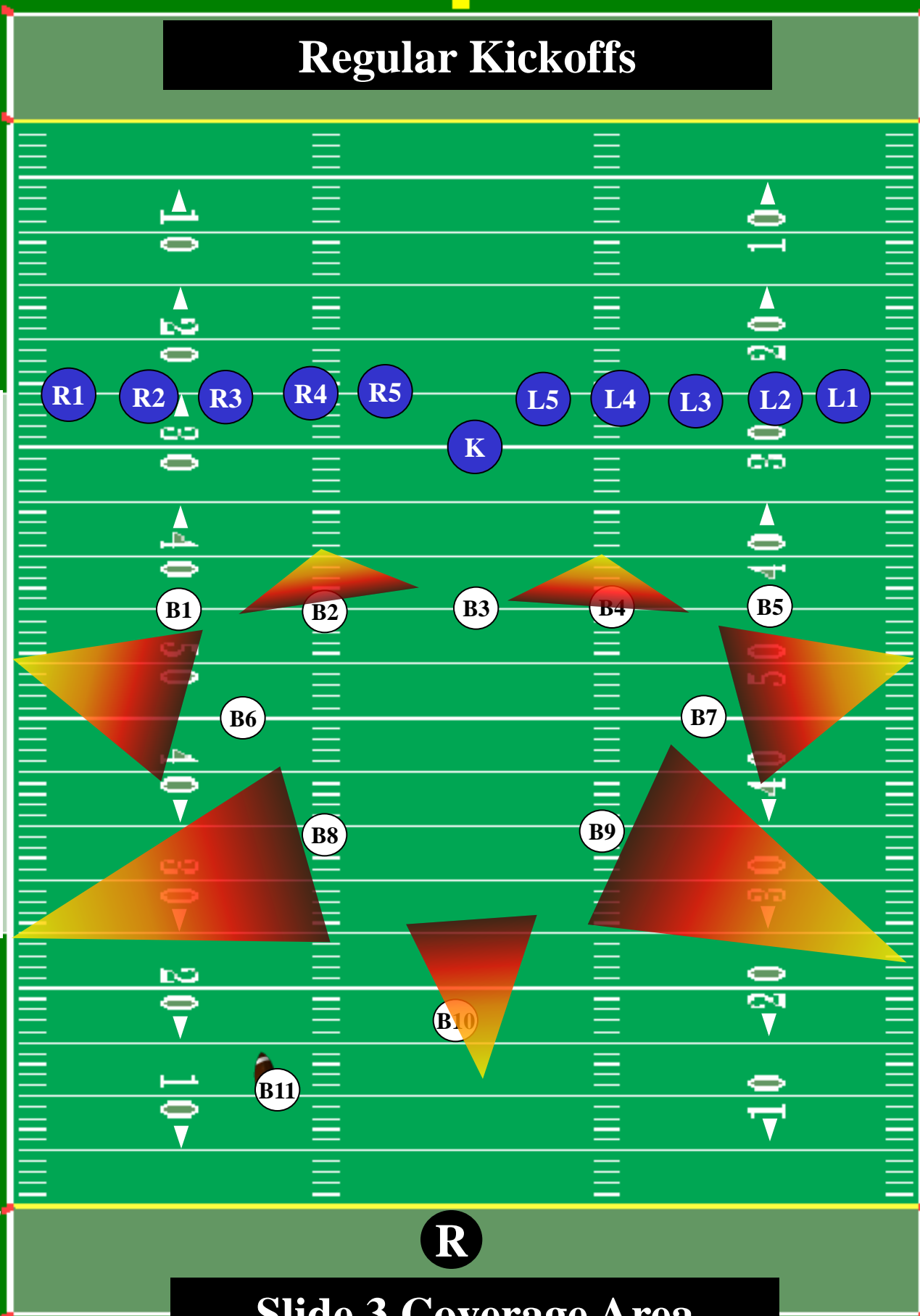
FJ

COACHES AREA

LJ

R

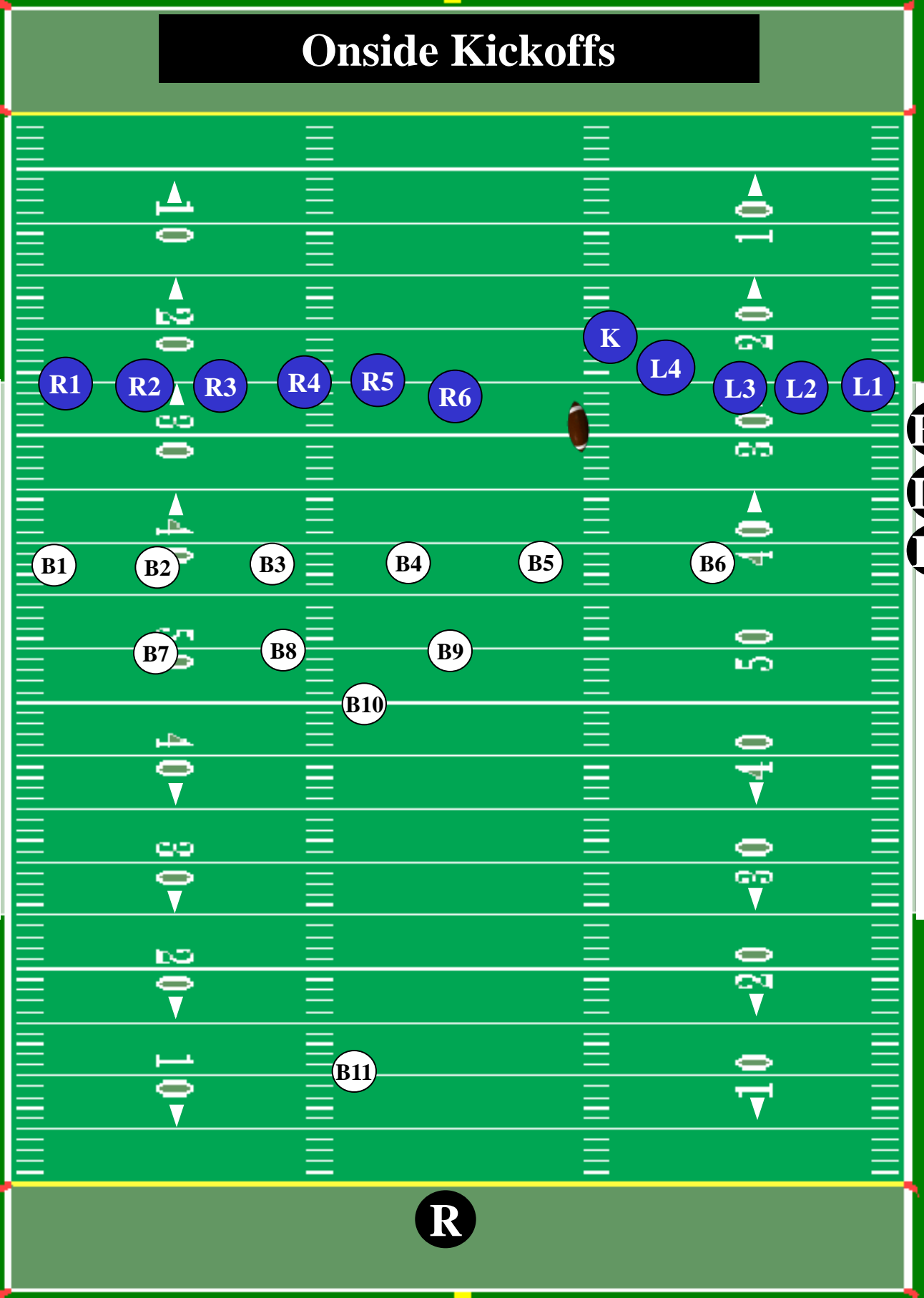
Slide 3 Coverage Area



Onside Kickoffs

U
H
S
COACHES AREA

BJ
S
E
COACHES AREA



R

Field Goal Attempt

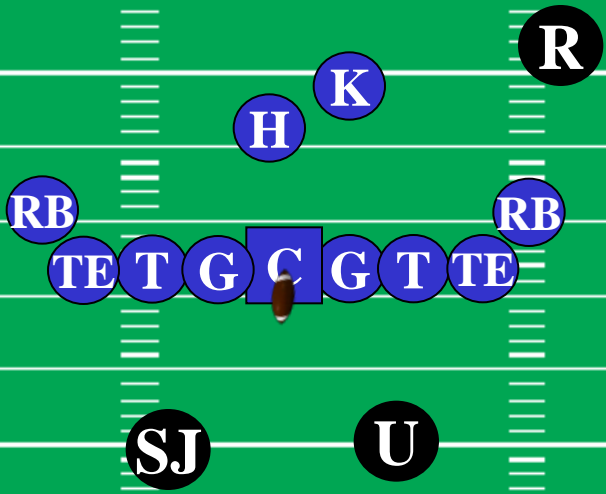
COACHES AREA

COACHES AREA



10 20 30 40 50 40 30 20 10

10 20 30 40 50 40 30 20 10



BJ

FJ

Try By Kick

COACHES AREA

COACHES AREA

H1

LJ



SJ

U

BJ

FJ